

Salad Bar Menu

WEEK 2/3	Monday	Tuesday	Wednesday	Thursday	Friday
Simple	Tomatoes Chunky cucumber Sweetcorn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons
Composite	Marinated Mushroom & Broccoli Heritage Tomato Pasta	Potato & Spring Onion Cous Cous & Cranberry	Roasted Squash & Feta Salad Beetroot & Pear	Kale & Apple Salad Harvest Quinoa Salad	Chickpea Salad Green Salad
Daily Proteins	Egg Mayonnaise	Boiled Ham	Poached Salmon	Sliced Turkey	Cajun Chicken Slices

WEEK 2/3	Monday	Tuesday	Wednesday	Thursday	Friday
Simple	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons
Composite	Rocket & Pear Salad Grilled vegetable salad	Spinach, Apple & Cranberry salad Heirloom & Mozzarella	Caesar salad Five Bean Salad	Beetroot and Carrot w honey Dressing Watercress and Pea	Autumn Pearl Cous Cous Waldoft Salad
Daily Proteins	Boiled Eggs	Tuna Mayo	Roast Beef	Selection of Cured Meats	Roast Turkey

WEEK 3/3	Monday	Tuesday	Wednesday	Thursday	Friday
Simple	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons and Crudités	Tomatoes Chunky cucumber Sweet corn Cheese Iceberg Croutons
Composite	Autumn Crunch Pasta Salad Kale, Carrot & Feta	Sweet Pineapple Quinoa Salad Jewel Salad	Arugula Salad Watermelon & Cucumber	Greek Salad Grated Carrot Salad	Fall Harvest Salad Celery, Cucumber & Apple
Daily Proteins	Tomato & Egg Salad	Poached Chicken Breast	Smoked Salmon Mousse	Sliced Pastrami	Baked Ham